

## Is NEXPLANON a long-acting birth control?

Yes, NEXPLANON is a small (about the size of a matchstick), thin, and flexible birth control implant that provides 5 years<sup>†</sup> of continuous pregnancy prevention. It's placed discreetly just under the skin on the inner side of your non-dominant upper arm by a trained healthcare professional.

<sup>†</sup>NEXPLANON must be removed by the end of the fifth year.

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## Is NEXPLANON an IUD?

No, it's not an intrauterine device (IUD). It is an implant that is placed in your arm. Like an IUD, it's a long-acting birth control option. NEXPLANON lasts for 5 years.<sup>†</sup>

<sup>†</sup>NEXPLANON must be removed by the end of the fifth year.

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## How big is NEXPLANON?

NEXPLANON is 1.6 inches (4 cm) in length, about the size of a matchstick.

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## How does NEXPLANON work?

NEXPLANON is a hormone-releasing birth control implant for use by women to prevent pregnancy for up to 5 years.<sup>†</sup>

NEXPLANON prevents pregnancy in several ways. The most important way is by stopping the release of an egg from your ovary. NEXPLANON also thickens the mucus in your cervix, and this change may keep sperm from reaching the egg.

NEXPLANON also changes the lining of your uterus.

<sup>†</sup>NEXPLANON must be removed by the end of the fifth year.

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## Does NEXPLANON work as well as the pill?

NEXPLANON is over 99% effective (less than 1 pregnancy per 100 women who used NEXPLANON for 1 year) at preventing pregnancy. NEXPLANON is one of the most effective forms of birth control available.

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## What if I change my mind and want to stop using NEXPLANON before 5 years?

A trained healthcare professional can remove the implant at any time within the 5-year period. You may become pregnant as early as the first week after removal of the implant. If you do not want to get pregnant after removal of the NEXPLANON implant, you should start another birth control method, such as condoms, immediately.